

**Winter Menu**

**Week 3**

**Monday**

Liver and Bacon Casserole  
Seasonal Fresh Fruit

Butternut Squash and Cheddar No Sausage Rolls with Vegetable Crudities

**Tuesday**

Smoked Haddock Fishcakes with Parsley Sauce and Mixed Vegetables  
White Chocolate Mousse

Ham and Tomato Toasted Sandwiches with Vegetable Crudities

**Wednesday**

Macaroni Cheese with Vegetables  
Homemade Blackberry and Apple Pie with Ice Cream

Tomato and Basil Soup with Croutons or Wholemeal Bread

**Thursday**

Roast of the Week  
Yoghurts

Fish Croquettes with Homemade Tartar Sauce and Vegetable Crudities

**Friday**

Chicken Curry with vegetable Rice and Naan Bread  
Warmed Spiced Pineapple with Cream

Homemade Vegetable Samosas with Vegetable Crudities

All children are offered toast, crumpets or muffins, with fruit, as a snack at about 9.30am.

There is also the opportunity for milk and biscuits at about 5pm  
Fresh fruit or vegetable crudities can include apples, pears, bananas, grapes, pineapple, clementines, melon, strawberries, sultanas, celery, carrots, peppers, cherry tomatoes or cucumber dependent on season.

All meals have alternatives for vegetarians

Menus are subject to change according to availability.